This Adapted Literature resource is available through the Sherlock Center Resource Library.

The text and graphics are adapted from the original source. These resources are provided for teachers to help students with severe disabilities participate in the general curriculum. Please limit the use and distribution of these materials accordingly.
Your Body.
How does your body work?

Fun Fact
A baby has more bones than a grown-up.
Your body has bones.

Fun Information.

A baby has more bones than an adult.
Your bones help you sit and stand.

Fun Fact
Most muscles are connected to bones.
Your body has muscles.

Fun Information.

Muscles are connected to bones.
Your muscles help you move.
Your body has a heart.

Fun information.

Your heart is as big as your fist.
Your heart pumps blood through your body.

Fun Fact
Your brain is almost as big as the brain of a grown-up.
Your body has a brain.

Fun information.

Kids and adults have the same size brain.
Your brain lets you think.
Your body has skin.

Fun information.

You rub off old skin when you wash.
Your skin keeps out dirt.

Fun Fact
Your body needs food and exercise for growth and energy.
Your body grows taller.

Fun information.

Your body needs food and exercise for growth and energy.
Your body grows stronger.
Your body is amazing.